

INTRODUCTION TO VANA - 3 NIGHT RETREAT



Introduction to Vana

Vana is now offering a 3 night 'Introduction to Vana' retreat.

With an emphasis on rest and relaxation, therapeutic offerings and nourishing meals, this retreat will suit those looking to learn more about Vana or gain an introduction to its offerings. Its aim is to give those new to Vana important insights in to what long-term transformation could look like.

In addition, this 3 night retreat also allows returning Vanavasis who are short on time to sustain their ongoing wellness goals.

The 3 night retreat inclusions:

- One private treatment per night, per guest
- Arrival wellness consultation
- Return airport transfers from Dehradun Airport
- All cuisine including breakfast, lunch, afternoon tea and dinner
- Active Retreat Program with yoga, meditation, talks, music and more
- Attire to wear within and outside Vana, including footwear and winter accessories
- All taxes included. No service charge or gratuities added

Introduction to Vana in a Forest/Garden Room starts from:

INR 1,02,000 for one

INR 1,62,000 for two

To express your interest or to book your retreat, please write to Retreat Reservations at retreat@vana.co.in or call us at +91 135 3911114.